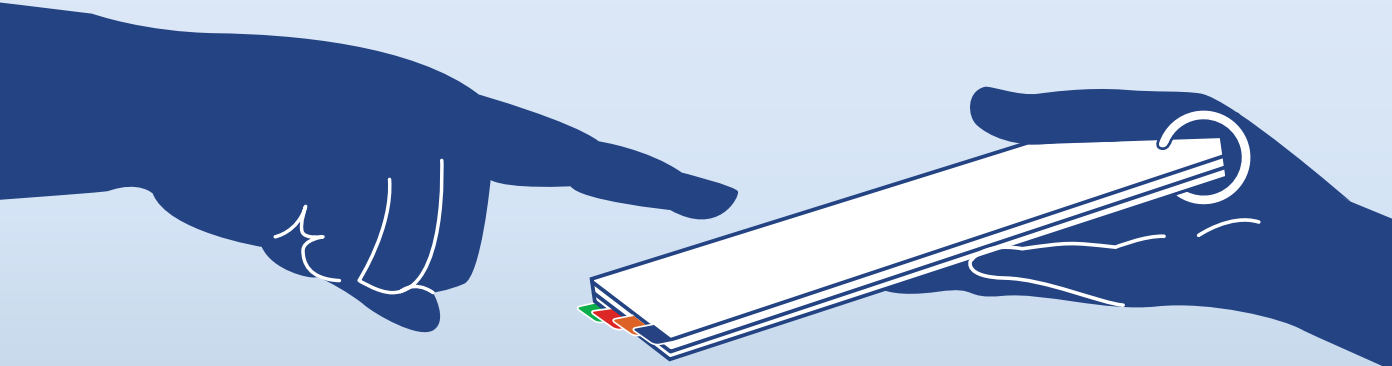


# Show Me

A Communication Tool for Emergency Shelters



# Instructions

This tool has been tested with and co-created by public health professionals and the populations it is designed to help, including:



- People who have cognitive disabilities
- People who are deaf or hard of hearing
- People who have limited English proficiency
- Anyone who may struggle to communicate verbally during an emergency

Tips to help you use this tool:



- ✓ Speak clearly and slowly.
- ✓ Look directly at the person when asking questions or giving instructions.
- ✓ Give directions one step at a time. Check for understanding after each step.
- ✓ Give the person time to respond to questions or instructions.
- ✓ Use hand gestures (movements) to help communicate.

**Remember, good communication is key to helping people feel safe and calm during an emergency.**

# Language



Language





Language

## Language

# I speak...

**Español** (Spanish)

**Português** (Portuguese)

**Français** (French)

**Italiano** (Italian)

**Deutsch** (German)

**Polski** (Polish)

**Русский** (Russian)



**Ελληνικά** (Greek)

**Shqip** (Albanian)

**Kreyòl** (Haitian Creole)

**Kriolu** (Cape Verdean Creole)

# I speak...

中文 (Mandarin)

日本語 (Japanese)

한국어 (Korean)

Việt (Vietnamese)

ภาษาไทย (Thai)

ខ្មែរ (Khmer)



नेपाली (Nepali)

हिन्दी (Hindi)

العربية (Arabic)

# Notes

# Arrival

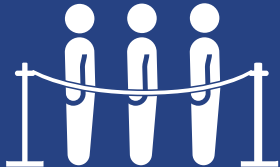


Arrival

# Arrival



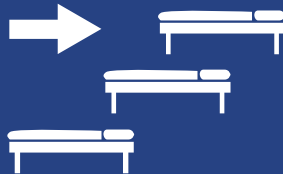
Arrival



Wait in Line



Sign In

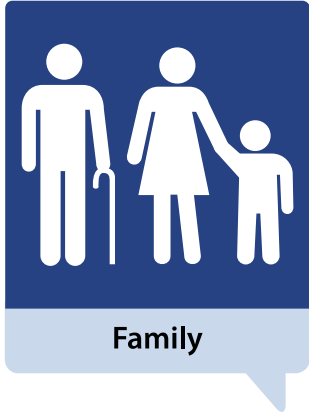


Sleeping Area

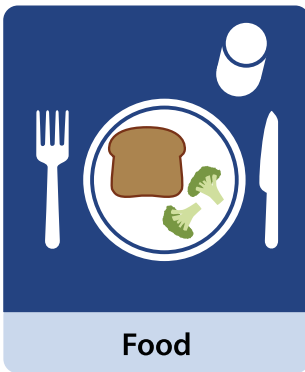




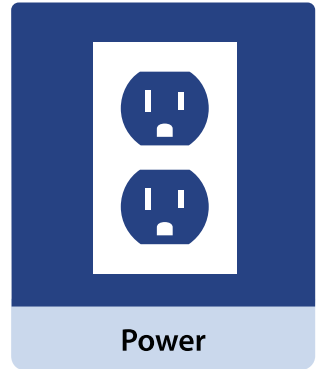
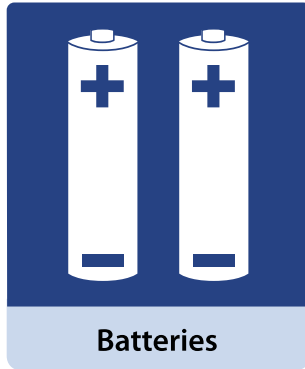
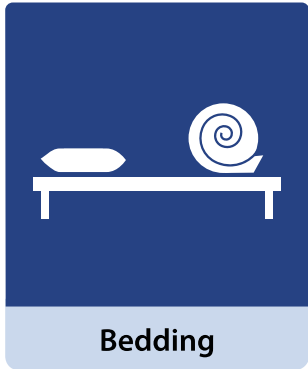
# Arrival



# Arrival

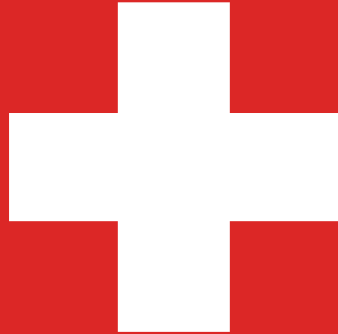


# Arrival



# Notes

# Medical Needs

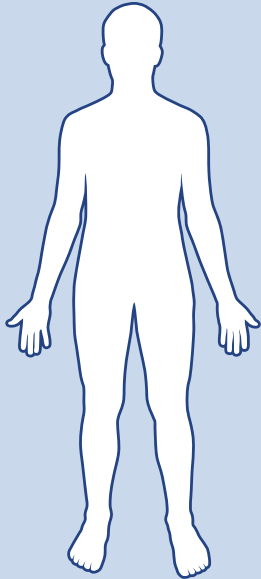


Medical  
Needs

# Medical Needs



Medical  
Needs



Where?



First Aid



Medical Staff

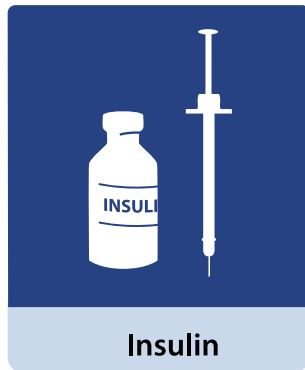
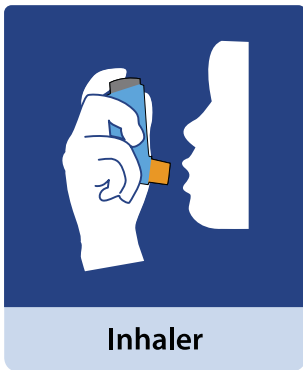


Medicine



Keep Medicine Cold

# Medical Needs



# Notes



# I need...



I need...

# Basic Needs



I need...

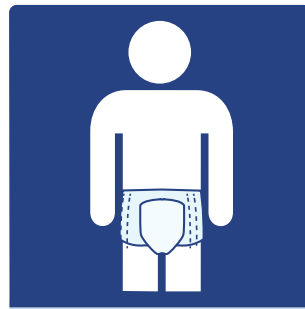
# Help



**Bathroom Help**



**Shower Help**



**Adult Diaper**

# Personal Care Items



**Personal Care Kit**

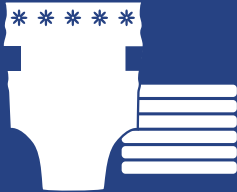


**Clothes**



**Feminine Products**

# Baby Needs



**Diaper**



**Diaper Changing**



**Baby Bottle**

# Notes



Food  
Allergies

# Food Allergies

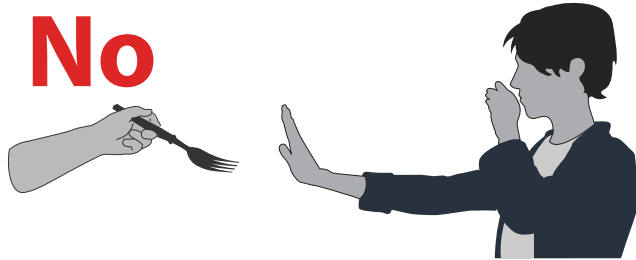




# Food Allergies

Food Allergies

**No**



Allergic to Eggs



Allergic to Peanuts

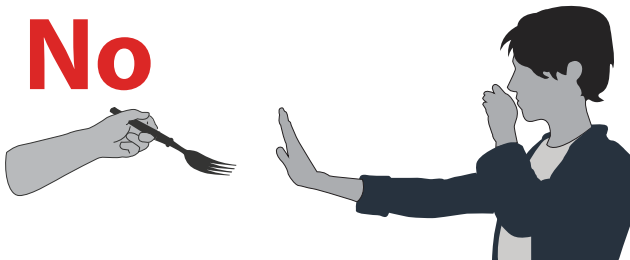


Allergic to Shellfish



# Food Allergies

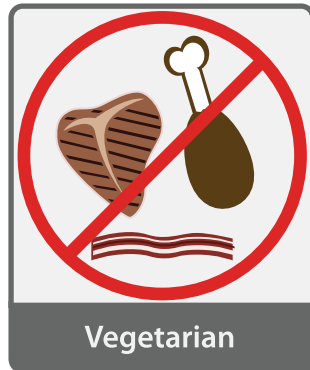
**No**



Allergic to Dairy



Allergic to Wheat



Vegetarian

# Notes

# People and Places



People  
& Places

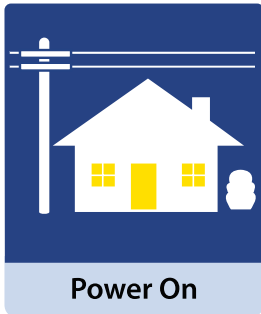
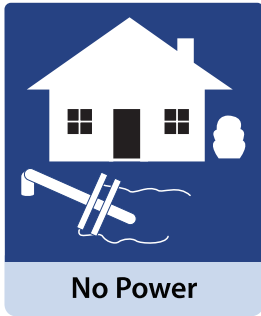
# People



People  
& Places



# My Home



# Notes

# Places to Go



# Notes



# Feelings and Support



Feelings  
& Support

# Feelings



Happy



Okay



Sad



Nervous

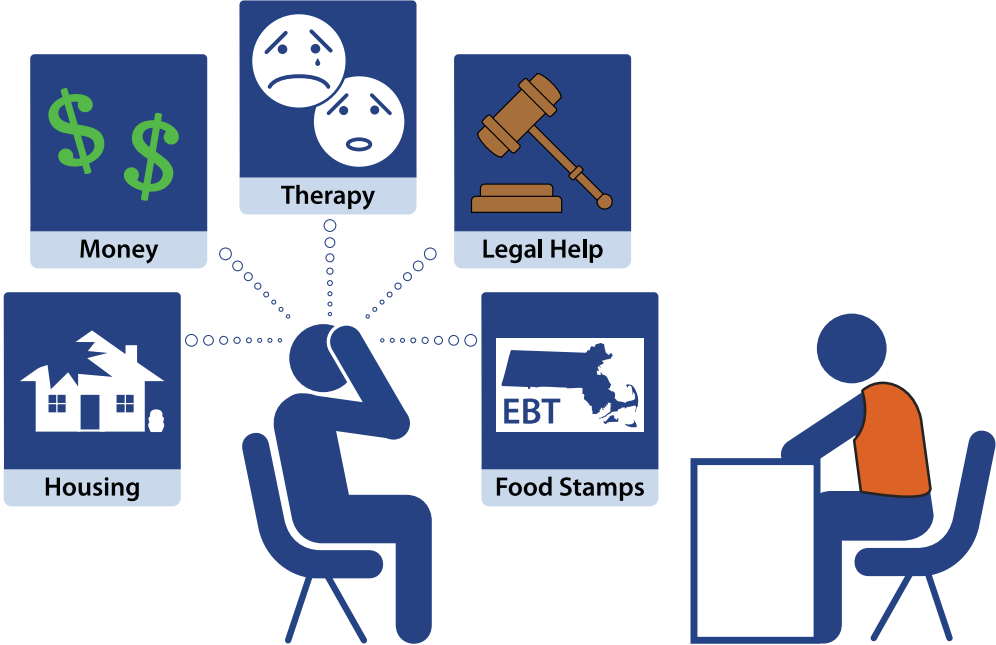


Angry



Feelings  
& Support

# Support



# Religious Support



**Christian**



**Jewish**



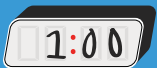
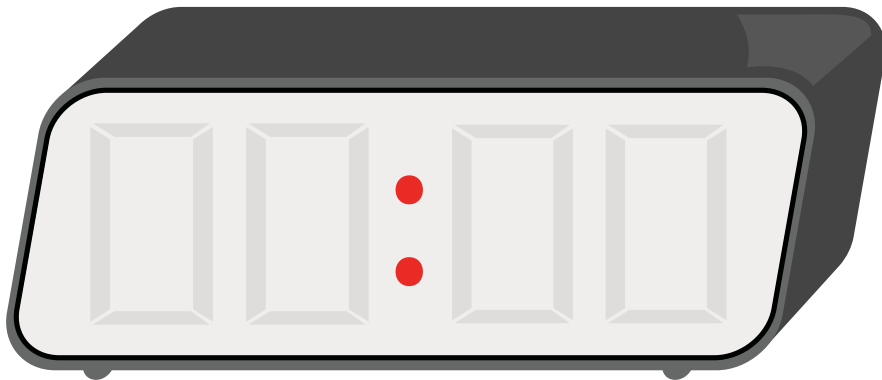
**Muslim**

# Time



Time

# Time



Time

# Time

Month:

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday


# Notes



# Notes



This project was developed by the Emergency Preparedness Bureau at the Massachusetts Department of Public Health, with funding from the Assistant Secretary for Preparedness and Response (ASPR) Hospital Preparedness Program and Centers for Disease Control and Prevention (CDC) Public Health Emergency Preparedness Program.